03 - Food safety and nutrition procedures

**03.4 - Menu planning and nutrition**

* We do not prepare or provide cooked meals.
* We have a half termly (4 week cycle) snack menu.
* Menus reflect children’s cultural backgrounds, religious restrictions and the food preferences of some ethnic groups.
* Menus are displayed in the hallway and inside the kitchen snack cupboard as well as being emailed to parents so that parents and staff know what is being provided.
* Parents must share information about their children’s particular dietary needs with staff when they enrol their children and on an on-going basis.
* Staff refer to the Eat Better, Start Better (Action for Children 2017).
* A copy of children’s dietary needs is displayed inside the kitchen snack cupboard and on the back of the children’s snack cards.

**Packed lunches**

Where children have packed lunches, staff promote healthy eating, ensuring that parents are given advice and information about what is appropriate content for a child’s lunch box. Parents are also advised to take measures to ensure children’s lunch box contents remain cool i.e. ice packs, as the setting may not have facilities for refrigerated storage.

These procedures were adopted by Flitwick Pre-school on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Next date to be reviewed **June 2023**

Signed on behalf of the management committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of signatory \_\_\_Ritu Mistry\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Role of signatory (e.g. chair/owner) \_\_\_Chairperson\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_